

THE TRUMPETER



St. Luke's Parish

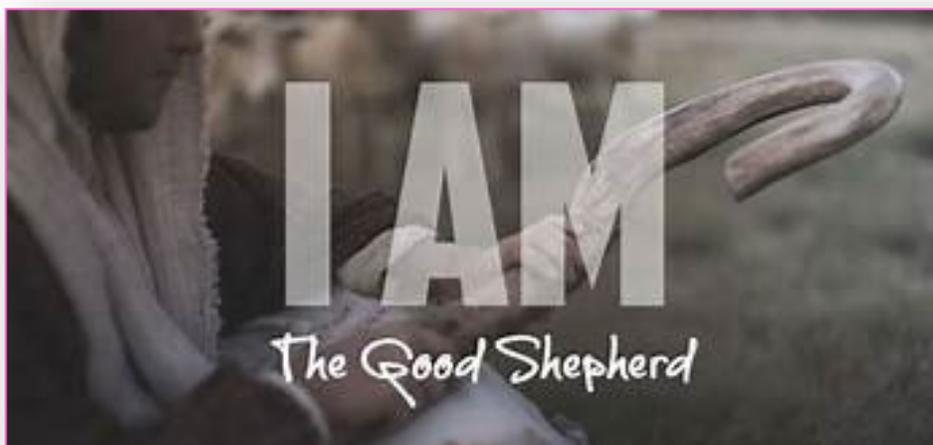
May 2020

From your Vicar

Now it is May!

We are deep into the Easter Season, although I think we all have days when it does not feel like a joyful time. In fact, I think for most of us the reality is sinking in that this is really a time of loss. We can't see grandchildren, we can't visit aging parents or family members, we can't go out for coffee with friends, we can't sit together and worship. These are just some of the losses. Each of you could name more I am sure.

During this time of loss and feelings of sadness, I pray that we can each remember the words of Psalm 23. The Lord is my Shepherd, I shall not want...even though I walk through the valley of darkness I know that the good Shepherd is with me, with you. Hold these words close in your heart and remember the promises in our Scripture: I, the good Shepherd, am with you, do not be afraid.



THIS & THAT

If These Walls Could Talk...

What's new with our buildings and grounds?

Two very generous parishioners have donated money so that the steps leading into St. Luke's Church could be redone and repointing of the bricks on The Academy could be completed. Mr. Steve Johnson of Grasonville and his crew have finished the initial part of positioning the steps which look spectacular. They already look safer and more welcoming! The Academy Project will be done in stages over the next three years. The vestry will discuss fixing the outside steps leading into the sacristy , however, this is pending approval if volunteer donations are received. There will be more about this wonderful project in a future edition of the Trumpeter.

The Queen Anne's County Fire Marshall recently inspected both churches and determined that we are in compliance with regulations.

Chris MacMillan's cleaning service cleaned and disinfected the parish hall at St. Luke's after the last outside group used the facility.

Derrick Albers has once again begun mowing at both church properties ; the grounds look so lush and green. The cherry tree that has suffered some injuries over the years is once again showing its pink blossoms. Loretta has captured the tree's beauty.

News From The Pews...

*Church members have been busy connecting with other parishioners during the Corona virus crisis. They have been using telephones, texting, sending emails and by using Zoom, a technological format for enabling people to see and hear many people at the same time on a screen. On Easter, six of us were able to join a meeting with Loretta as the leader by using our cell phone or computer. We were quite proud of ourselves!

Tony Poole is our representative for the Queen Anne's County Historical Society. He will be bringing us news after the county meetings and some fliers listing all historical sites to be opened the first Saturday of the month from May through October once we are back to normal.

STAYING CONNECTED!!

Many of us have stretched our technological skills recently by participating in some new communication and internet programs. Before the pandemic, I thought that the word, "zoom" meant to get a closer shot with a camera or the word children use for a fast moving vehicle! It is a great way to keep in touch, but not without some glitches and a few frustrating moments! The following quotes seemed very appropriate at this time as we try to stay safe and healthy.

"Faith is like Wi-Fi... invisible, but it has the power to connect you to what you need!"

"Moses was the first person with a tablet downloading data from the cloud."

Repairs Completed For St. Luke's Pipe Organ

The vestry of St. Luke's Parish is proud to announce that repairs have been completed on the pipe organ located at St. Luke's Church. Mr. David Storey, Inc. from Baltimore, Maryland and his crew disassembled the organ in January of 2020 and transported the many inner parts to their workplace. He managed to finish the restoration in less than the three month projected time frame originally anticipated. Once they returned to Church Hill, it required two days to reinstall all of the components and to complete the final check. Deacon Loretta was there just two days after the organ parts were returned. She was delighted to see Mr. Bob Tyson, an accomplished organist who sometimes substitutes at St. Andrew's or St. Luke's when Jane Godfrey is unable to be there. He inquired, "Has that organ made it back home yet?" to which Loretta was excited to reply, "It has been back for a couple of days; would you like to try it?" Mr. Tyson did not waste any time going into the church to check it out. He was delighted at the tone and said it sounded perfect! The refurbishing of the organ will help this beautiful instrument remain vital for many years to come. As a side note, Mr. Storey has been tuning this organ for the last ten years, so he will be able to evaluate how the organ is functioning in the future. With the new dehumidifier in the church, moisture should not be as problematic for the organ as it once was. We can envision some lovely concerts and sing-alongs in the near future.



Cream of Asparagus Soup

~Wash asparagus and cut into 1/2"-1" pieces to make 4 cups

~Cook until barely tender; drain and set aside

~Melt 3 tablespoons of butter

~Blend in 2 tablespoons of flour, 1 teaspoon salt, 1/8 teaspoon pepper and about 1 teaspoon of minced sweet onion

~Remove from heat and stir in 1 can undiluted cream of chicken soup and 3 cups of milk.

~ Bring mixture to a boil and add asparagus.

~Cook until desired tenderness.

By Mary Godfrey

*(recipe adapted from old Betty Crocker cookbook)
Mary's soup is so delicious. Try your hand at this marvelous recipe of hers that she has perfected over the years!*



"Veggies Ode To Asparagus"

*If you have any fears about eating those spears, your fears are quite fictitious.
By tasting you will find, if you keep an open mind,
that those spears are quite delicious.*

*Some veggies will attest, that asparagus is the best, that it simply can't be "beet".
While "thyme" is on your side, asparagus has never lied,
it really is quite a treat.*

Your interest may have peaked, as information "leek"ed, that my "celery" was rather low.

*But that doesn't matter, you'll still find it on my platter,
'cuz it doesn't really cost a lot of dough.*

Many veggies taste fine, some "romaine" on the sideline, asparagus stands straight and tall.

*"Turnip" the music and dance,
"lettuce" give "peas" a chance, while others don't "carrot" all.*

*"Tomatoes" (to-my-toes) I will stand, I give asparagus a hand,
there is not "mushroom" to say more.*

*So to the very end, asparagus I will defend, buy it when you see it at the store!
By Joseph Povol*

A Wealth of Health

As we all know, asparagus is a very nutritious food full of vitamins and minerals. I was reading the last issue of the AARP Bulletin and read an interesting article about the benefits of using extra-virgin olive oil, EVOO, as it is commonly referred to. Evidently EVOO has been proven to be a deterrent to heart disease and cognitive decline. Some tips on purchasing the best type of olive oil were included in the article. Select a dark bottle with a high count of polyphenols as indicated on the label and make sure the oil still has a long shelf life. Buy from California since the state meets strict guidelines. The more potent the taste, the more powerful it is with its protective effects. Oven roasting asparagus with EVOO and seasonings to taste is another delicious way to enjoy this vegetable.

Spring is finally upon us with milder weather, blooming trees and flowers and groups of robins scouring the ground. Here in northern Queen Anne's County, our thoughts automatically turn to asparagus! We are so fortunate to have Godfrey Farms close by where this spring vegetables can be bought. Lisa and Tom Godfrey are very active members in St.

Luke's Parish. They are now open for business and are making accommodations for their customers during the covid-19 virus outbreak.

Their contact number is 410-438-3509.

Asparagus is ready now!



ST. LUKE'S PARISH PARTICIPATES IN COMMUNITY OUTREACH

Parishioners of St. Luke's Parish demonstrated extreme generosity by donating breakfast foods for the Food Pantry at Calvary-Asbury United Methodist Church in Sudlersville. Items were collected at St. Andrew's Church on April 21st and 23rd. Bob Campbell took the loaded van on Friday, April 24, 2020 and presented all of the bags and boxes of food items to Mrs. Billie Carroll, manager of the pantry. She was very pleased with the donations and said that this will be a very BIG help especially during the difficult financial times we are all living in. Again, many thanks for such a wonderful response, even in this time of social distancing, our church members rallied to make a difference in some of our neighbors' lives. Well done!

St. Luke's Episcopal Parish

Officers, Vestry and other Lay Leaders

Mr. Tom Godfrey

Mrs. Sammie Crossley

Mr. Bob Campbell

Mrs. Sandy Hartmann
Senior Warden

Ms. Molly Lukehart
Junior Warden

Mr. Bill Walmsley
Treasurer

Mrs. Lisa Godfrey
Registrar

Mrs. Carolyn MacGlashan
Bookkeeper

Mrs. Ellen Walmsley
Rental Group Coordinator

Mrs. Ann O. Campbell
The Trumpeter Newsletter

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