

# **MAY 2022**

### From your Vicar

A blessed Eastertide to all!

It is mid-May and in just 2 weeks we will be celebrating Pentecost. Pentecost this year is celebrated on **Sunday**, **June 5th**. Fr. Steve Klingelhofer will be joining us at St. Andrew's for our 10:00 a.m. service with Holy Eucharist.

Pentecost is celebrated 50 days after Easter Sunday. It is a Christian holy day known also as Whit Sunday, commemorating the descent of the Holy Spirit on the Apostles and followers of Jesus Christ in Jerusalem.

Pentecost started off as a Jewish celebration. In Old Testament times Pentecost was known as the Feast of Harvest or the Feast of Weeks. The day celebrated the beginning of the early weeks of the wheat harvest. This meant that Pentecost was always celebrated during the middle of the month of May or occasionally in early June.

But we no longer celebrate Pentecost the way they did before. Today, the day commemorates the Holy Spirit descending on the Apostles and other disciples following the crucifixion, resurrection, and ascension of Christ. In a sense it is a celebration of the birthday of the Church.

I look forward to joining you in worship over the next weeks as Eastertide wraps up, we celebrate together the gift of the Holy Spirit on the Sunday of Pentecost, and then this summer as we move into Ordinary Time.

My love to all, Loretta Thank you to all who have contributed to the Trumpeter.
We always welcome small stories, ideas, poems, recipes etc. We look forward to what you have to share with us.

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# **Clergy Renewal of Vows 2022**

by Joanne Fisher | Apr 14, 2022 |

# **About the Renewal of Vows and Blessing of Oils service**

The Episcopal Church has four orders: the laity, deacons, priests, and bishops. People entering each order take vows unique to that order. For the laity, these vows are first taken at Baptism and are renewed at a Service of Confirmation. For those entering the diaconate, priesthood, or episcopate (the office or term of office for a bishop), the vows are taken at a Service of Ordination. Each year, most dioceses of The Episcopal Church gather their clergy during Holy Week for a Eucharistic liturgy that includes the prayers and promises of the renewal of their vows and the blessing of two oils.

The Renewal of Vows and Blessing of Oils service has roots dating back to 200 BCE and was a part of the liturgical reforms of the 1960s and 1970s. At one time the custom was to hold the service on Maundy Thursday, but for practical reasons in more recent times, the service now usually occurs earlier in Holy Week. Two oils are blessed during the service. One, *oleum sacrum* or Chrism oil, is used for baptism, and may only be blessed by a bishop in our practice. The other is *oleum infirmorum* or oil for the sick. *Oleum infirmorum* is used for anointing those who are ill or near death. This oil may be blessed by a priest, but traditionally is done by a bishop.

The ceremony took place on 4/12/22 at the Cathedral in Easton.







# For The May 2022 Trumpeter From Senior Warden, Sandy Hartmann

**Vestry Update:** Changing out meeting date and time to the second Sunday after the service at St. Luke's is working well. We await warm weather to begin the painting at St. Andrew's Chapel and hall, and the re-pointing of the bricks on the Academy at the St. Luke's Church Campus. There are a few other small touch-up painting jobs along with some housekeeping chores to complete. We are entertaining suggestions for additional, immediate repair needs at St. Luke's Church. Planning for the Blueberry and Peach Festivals has begun. There will be a "Hymn Sing" in June. St. Luke's Church recently hosted a stop on the "Organ Crawl" and the Kitchen ceiling in the parish hall at St. Luke's has been repaired. Our outstanding "Trumpeter" is going out regularly and coffee hours after every church service just keep getting better and better! Thanks goes to our very active and creative parishioners.

### Backpack Update

The Backpack program is booming and very much appreciated! Our enthusiastic volunteers pack and deliver 100+ bags each week. Your Parish has delivered 2668 weekend food bags to students at SES most affected by food insecurity this school year. With 5 more weeks of school, 500+ more bags will be delivered. This July, Summer School students at SES, SUMS and the Migrant Program will be provided backpack bags. Although St. Luke's will not be packing bags, we will be providing daily snacks. We pack on Thursday (and some Wednesday) afternoons and are in and out in about an hour. Come join us. (Sandy Hartmann)

The Garden

Come to the garden alone, while the dew is still on the roses...

### Plant Three Rows Of Peas:

- 1. Peace of mind
- 2. Peace of heart
- 3. Peace of Soul

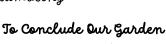


### Plant Four Rows of Squash:

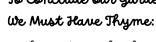
- 1. Squash gossip
- 2. Squash indifference
- 3. Squash grumbling

# Plant Four Rows of Lettuce:

- 1. Lettuce be faithful
- 2. Lettuce be kind
- 3. Lettuce be patient
- 4. Lettuce really love another



- 1. Thyme for each other
- 2. Thyme for family
- 3. Thyme for friends





### 1. Turnip for meeting 2. Turnip for service

No Garden Is Without Turnips:

- 3. Turnip to help one another



Water freely with patience and cultivate with love.

There is much fruit in your garden because you reap what you sow.

My Instructions were to send this to people that I wanted God to bless and I picked you. Please pass this to people you want to be blessed, as well as the person who sent it to you.

**Provided By: Bob Gallion** 

# Getting To Know You... Let's Meet Our Armed Service People

For many years it has been the custom to acknowledge and pray for congregants, their relatives and friends of St. Luke's Parish who are currently serving in one of the branches of armed services for our country. We want to provide our parishioners with a little knowledge about them personally, and describe their duties and responsibilities while serving in the military. In the following paragraphs, we will extol their accomplishments and attempt to connect some facts with a name in order to become more acquainted with these brave and devoted young people.

Danny Bardroff-Guilentine is the grandson of Sandy Hartmann, our hard-working Senior Warden. She explains that when her son married Danny's mother, Jessica, Danny was only seven years old. He joined the Army after graduating from Patuxent High School in Calvert County, Maryland where he had been active in Jr. ROCC. He is now an Army Specialist stationed at Joint Base Lewis outside of Seattle, Washington. He recently became engaged with plans for a 2023 wedding. His unit is due to be deployed for training in the next few weeks. He was able to be in the area during the past Christmas holidays to the delight of his grandmother and other family members. We wish him well in this next phase of his career and blessed married life.





Christopher Poole, another person on our military prayer list, is the grand nephew of Gony Poole of our parish. Christopher is a part of the Maryland Army National Guard. He was serving full-time and is now serving on weekends. He is married and lives in Dallastown, a borough in York County, Pennsylvania. We send him birthday wishes since he will be 28 on May 26, 2022! Good luck to this young man who provides selfless service for our citizens.

Scott MacGlashan's sister, Molly MacGlashan-Fischer, has five children who chose a life connected in some way with one of the armed services. That fact in itself is quite remarkable.

Molly's oldest child, Will Tobin, and his wife Betsey now live in Northeast, Maryland. He is a helicopter pilot in the Army National Guard-Active Reserves. He is stationed at the Aberdeen Proving Grounds. His overseas tour last year took him to the Sinai Desert area remaining there for six months. During that period of time he experienced no conflict and returned home in December. He checks out aircraft and occasionally flies maneuvers which take him over the MacGlashan Farm near Church Hill! They can hear the Black Hawk Chopper coming and dash outside to wave to him!





Parker Gobin and his wife Sarah have two small children and live in Clarksville, Gennessee. He is a member of the Federal Army National Guard Reserves. Ghree years ago he was stationed in Guantanamo Bay for nearly one year. It was not a particularly difficult tour, but was an extended time away from family.

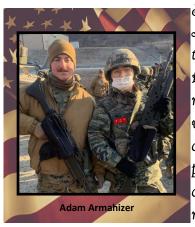
James Gobin is a part of the U.S. Army Active Duty and is currently stationed in Anchorage, Alaska at Ft. Richardson, aka JBER, which stands for Joint Base Elmendorf-Richardson. He was originally stationed at Ft. Bliss in Gexas; he is a Weapons Maintenance Gechnician. James was transferred to Ft. Richardson in Alaska after re-enlisting for a second term.



Elizabeth Tobin graduated from Clemson University in South Carolina in the spring of 2021. She excelled and was a leader in ROTC while at Clemson and graduated with the U. S. Army Active Duty Commission as  $2^{nd}$  LT Armor Officer, career branch #19A. She attended the Armor Basic Officers Leader Course (ABOLC) at It. Benning for all of her initial "tank training". She has been assigned to Fort Riley, Kansas, to be an "Armored Platoon Leader." She said to Carolyn MacGlashan, her aunt, "Thank you St. Luke's for thinking of me." I cannot think of a more meaningful and touching compliment our parish could ever hope to receive.

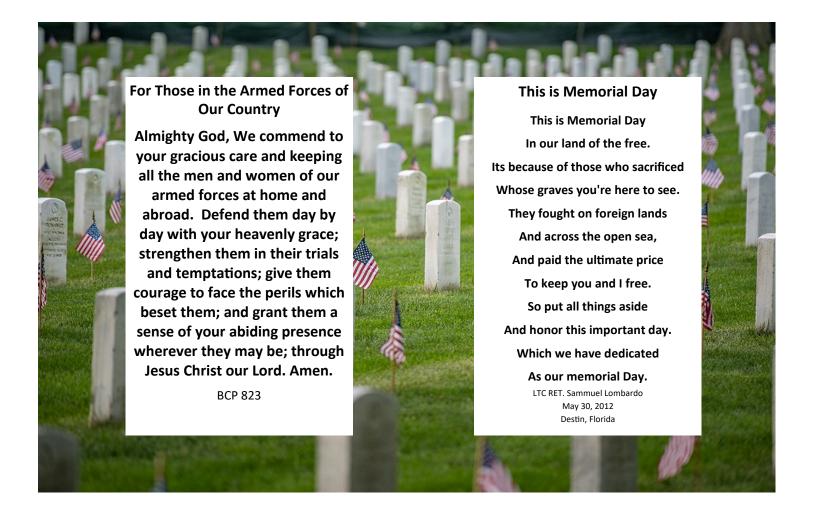
Molly's second oldest child, Anna, was in the Army for a brief period of time. We want to mention her dedicated service as well.

Molly, along with the entire MacGlashan family, must be extremely proud of these valiant, patriotic loved-ones. We join together to wish them well and to thank them for their Incredible service.



St. Luke's member, Lucille Villabona-Kuntz, has a grand nephew, Adam Armahizer, who has recently ended his service in the U.S. Marine Corps. He was the grandson of Lucille's late brother, Phil Villabona, also a past member of St. Luke's Parish. He is now home in Raritan, New Jersey, attending college and making good grades. He is involved with many extra curricular activities, one of which is very near and dear to his heart. He helps to organize fundraisers for children with mitochondrial disease, which his niece, Aubrie Roland (also on our prayer list) was born with. It is a very rare disease which causes the dysfunction of cells, by attacking the mitochondria which help produce energy. Much research is needed and Adam is to be commended for his charitable and diligent efforts.

Many thanks go to Carolyn MacGlashan for the idea of this article and her invaluable contributions. Our gratitude also goes out to Sandy Hartman, Lucille Villabona-Kuntz, and Gony Poole for their information and insight for this project. Each time I read the article, I have to just say... Wow! Getting to know these dynamic young people has been a true joy. St. Luke's Parish will undoubtedly feel a huge sense of pride and hopefully will have become more connected to a few names on a list on a page in our weekly bulletin.





Folks on the Eastern Shore of Maryland, as well as many other areas of the country, become so excited to see that first "scout", the oldest Purple Martin in a colony, return to a familiar breeding site. Conversations in local eateries and church coffee hours frequently include this all-consuming question, "Have your Purple Martins arrived yet?" Their clamorous sounds and swift and darting flight habits are not easy to miss. We know that spring is here and that we are in for some entertaining antics for the next few months.

Purple Martins are the largest type of swallow, sometimes measuring 7 or 8 inches long. The plumage ranges from a dark blue to black and is sometimes iridescent; available light can cause the color change. An adult Purple Martin, also referred to as an ASY for "after-second-year", will have all dark plumage. They will arrive 4-12 weeks before the 1- year- old martins return. These 1-year-old martins have dark purple feathers on their head, throat and upper breast. I love to watch their wings out straight like an airplane's wing design when gliding. Also, the "notched" appearance of the tail is an additional way to identify martins.

Purple Martins are very social birds, yet have become highly dependent on humans to provide shelter for them in the form of metal houses or hollowed- out gourds. We see them congregate while darting and soaring together giving the appearance that they will surely crash in flight. Their jubilant, yet boisterous chirping is compelling, making you want to continue watching and listening from a distance. As they soar to heights up to 500 feet, they are busy catching and eating "on the fly" such insects as moths, flies and mosquitoes. However, I read that mosquitoes do not often fly that high but yet are a part of their diet.

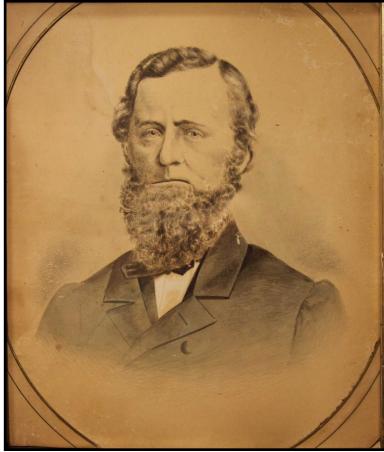
These birds migrate to South America, flying at speeds up to 40 miles per hour. The trip lasts 2-3 months of grueling, dangerous flight. Their life expectancy is about 13 years. Starlings are one of their true enemies.

If you want to immerse yourself in helping to track the nesting, egg counts and fledgling data, you can participate in "Project Martin Watch." Or, if you want to remain a casual, yet interested birdwatcher, Purple Martins need to be on your property. You will enjoy these flying acrobats as they constantly search for food, bring building material to the birdhouse and perch on electric wires all the while planning their next rapid movements thrilling us day in and day out. It is quite an enjoyable pastime to watch these amazing birds and delight at their arrival each year. Oh, don't forget to make a short video of the martins as they soar and chirp so that during the coming winter you can enjoy them over and over again. Happy birdwatching!

### Historical Facts About St. Luke's Cemetery

If one were to alphabetize all of the burials in St. Luke's Cemetery, the first person listed would be Jennie McCleary Booker. She was born in 1847 and died twenty years later in the winter of 1867. She was the daughter of Sarah Elizabeth Gould McCleary (1828-1907) and Dr. John McCleary (1822-1866). He too is buried at St. Luke's very near his daughter. Her mother Elizabeth lived to the ripe old age of 78, rare for that era; she was interred at the Still Pond Cemetery.

There is not much Jennie's life. It is might have died in of the fact that both husband were Jennie's baby was born on the day Day on February 13, Lorena stayed on the marrying James T. they had a daughter, "Bess" Hepburn. at the age of 35. Hepburn died the day birthday on February buried in the Still



known about surmised that she childbirth regardless her father and her medical doctors. daughter, Lorena, before St. Valentine's 1867.

Eastern Shore
Hepburn. Together
Mary Elizabeth
James died in 1892
Lorena Booker
before her 53<sup>rd</sup>
12, 1920. She was
Pond Cemetery.

There has been no evidence found at this time that the Hepburn family described above was related to The Reverend Sewell Stavely Hepburn D.D., who was the rector at St. Luke's Church in the early 1900's. Both families were in Kent County, Maryland during this time period. Perhaps someone's researching curiosity will be ignited!

Compiled by Erika Quesenbery Sturgill

Where's Grant Campbell ?If you know this location in Queen Anne's County, please email Ann Campbell, <u>csoup42@gmail.com</u> with the answer!

The question: "Are you a Christian?"

The answer: "Ask my neighbor."



### Household Tips To Lighten The Load...

- Put a dryer sheet in the bottom of a scorched pan and fill with hot water. That will loosen the residue at the bottom of the pan so you can remove it.
- Put a piece of sticky duct tape over the location of a splinter. The splinter, if it is sticking up a little, will sometimes pull out using the tape method.
- To ripen bananas quickly, place them in a 350 degree oven for just a few minutes. They will be riper for your use.
- Mix coffee grounds with dish soap and boiling water to unclog sink drains.
- Clean a toilet bowl by pouring a capful of mouthwash in it. Let it sit for a half-hour. It should be easier to clean.
- Place a large spoon across the top of a pan so it won't boil over.
- To make the task of grating a block of cheese easier, first freeze the cheese for 30 minutes.
- To get rid of unwanted household items, call 1-800-GOTJUNK.

Submitted by Ann Campbell We use reasonable efforts to include accurate information. We make no guarantee as to the content and assume no liability for error or omission of the content.

### A Wealth of Health...

I suffer from a type of pinched nerve in my back just under my shoulder blade about 2 or 3 inches from my spine. This chronic pain has been going on for a long time with just a little relief from taking physical therapy. I would describe it as a small, circular, sharp and burning pain. It commences whenever I begin to drop my head looking down at the dishes in the sink, searching for computer keys or wrestling with paying those monthly bills. In fact, you really can't do very much at all with your head held high up in the air without looking down. I found a couple of new techniques I saw on the internet and they do seem to offer a little relief! I also included some exercises from physical therapy which I have done. Hopefully, relief will be just a stretch away!

- While sitting, place your right hand under your right thigh while gently bending your head with your left hand to the left side. Repeat three times on each side.
- This movement reduces tension in your neck muscles. Place your fingers on your chin and push your chin toward the neck until you have a "double chin." Hold three to five seconds and repeat three to five times.
- Try the "shoulder roll." This helps release tension in the shoulders. Lift your shoulder blades up, and then roll them back and down. Do five to six times then go in the opposite direction with the roll.
- With your arms wrapped across the front of you, stretch them as if you were giving yourself a hug. Do five to ten times.
- Bend your elbows so that they are bent horizontally at chest level out to the side and pull them back behind you as if trying to touch elbows.
- Hold your arms out straight in front of you while clasping your hands together. Next stretch to the left while tilting your head to the left. Reverse to the opposite side and do several sets. Assume the same posture, yet when clasping the hands (fingers slid together in the hold), turn your hands outward so that the palms are facing away from you. Repeat the above described stretch.
- Don't forget rest, using good posture and hot and cold compresses. Nothing beats the warm water while taking a shower. Compiled by Ann Campbell We use reasonable efforts to include accurate information. We make no guarantees as to the accuracy of the content and assume no liability for error or omission of the content.