

SPRING 2026

THE TRUMPETER

NEWSLETTER OF ST. LUKE'S EPISCOPAL PARISH

Greetings,

Alleluia! He is Risen, the Lord has risen indeed! Alleluia!

Happy Easter! We celebrated Easter this year at St. Luke's with a wonderful crowd. Family and friends, as it should be, celebrating the resurrection of the Lord.

The feast of Easter is a season of fifty days, from Easter Eve through the Day of Pentecost. From early times, the Greek word Pentecost (fiftieth day) was used also for the whole Paschal season. During this season, there is no fasting. The Council of Nicaea (325) directed that Christians are to pray standing. The word "alleluia" (praise the Lord) is said or sung repeatedly, which contrasts sharply with the season of Lent when the alleluia is omitted. The color of liturgical vestments and hangings is white or gold. The Book of Common Prayer notes that it is customary for the Paschal candle to burn at all services of the Easter season. The "Alleluia, alleluia" may be added to the dismissals and their responses during the Great Fifty Days. The traditional Christian Easter greeting (see Lk 24:34) serves as the opening acclamation at the eucharist during the Easter season.

As the beautiful pink Dogwood tree outside the window of the office bears its first leaves and serves as a reminder of the sacrifice our Lord made for us, we use these 50 days to prepare and celebrate our risen Lord. So, what to do in these Great 50 Days of Easter? Bask in the light of an empty tomb. Reflect and pray to embody the saving grace of resurrection. Anticipate with joy and hope what's to come. And remember that resurrection is not the end of our journey of faith.

We need to be the Christians, not preaching the Gospel, but be the Easter people, being like Christ. loving our neighbor, feeding the hungry, and clothing the poor, treating all people with love. We need to share the grace given to us in the resurrection, and we cannot be afraid; be filled with the peace of acceptance of all, feed his sheep. We need to deepen our faith and know that He is with us.

Peace and Blessings,

Deacon Lynda





News from the Pews

St. Luke's Parish had very busy fall and Christmas seasons. On October 4, 2025, Lynda Habel became a Deacon in the Episcopal Church Diaconate. The service was performed by Bishop Marray at 11:00 at St. Luke's Church. It was a lovely service attended by at least 60 members of the clergy from The Diocese of Easton, family and friends. Our former Deacon, Loretta Collins, was part of the service. We were so happy to have seen her again. We congratulate Lynda and are very proud to have been a part of the this meaningful, life-changing service.



Other activities included "Blessing of the Animals" on Sunday, October 5, 2025 at St. Andrew's Church, St. Luke's Day on October 19, 2025 and St. Andrew's Day on November 16, 2025. Both churches were so welcoming and a reception was held following the church services.



News from the Pews continued...



Once again we held "The Lighting of the St. Luke's Evergreen Christmas Tree and Carol Singing" on Sunday, November 30, 2025. Mr. Ron Demby, music teacher at Sudlersville Middle School, provided the uplifting organ music for the singing, which was very well attended. This was the second year for his wonderful and enthusiastic participation. We appreciate him coming and also thank members for their delicious refreshments.



Christmas Eve was celebrated at St. Andrew's Church. The service was extremely well attended, and the lovely decorations of poinsettias were glorious, adding so much Christmas spirit to the evening.



Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers!





PARISH OUTREACH

Backpack Update: Each week we are providing 100 weekend food bags for SES. This program continues to be our biggest Parish Outreach.

To date this school year, we have delivered just over 2700 bags. The bulk of the supplies continues to be provided by the Maryland Food Bank. Many thanks to the Godfreys who accept Sam's Club orders for items not donated or provided by the food bank and deliver them to St. Andrew's. We have 6 volunteers currently who pack and deliver. We are in need of a few more! If you have a free Thursday at 11 am come by. St. Andrew's. We have a great team.

Parish Update: Our newest vestry member, Bob Gallion, was sworn in. Ellen Walmsley agreed to continue on the Vestry for a new term. She has also agreed to serve as Parish Registrar. Our Deacon has been busy on our behalf, as well as projects and committees of the Diocese. Supply Clergy is limited, but Lynda has provided well-planned services each week. Our wardens have been busy with repairs and updates - so much to do with 2 sites. Thanks to them and to all those who help, donate and work behind the scenes. We are truly blessed. Closets at both sites have been cleaned and organized, and kitchens are looking better and more organized. Several new couples have joined us. Pre and Post Coffee Hours are well attended and supplied with great coffee and snacks from many. We are doing well!

Submitted by SandyHartmann, Sr.Warden

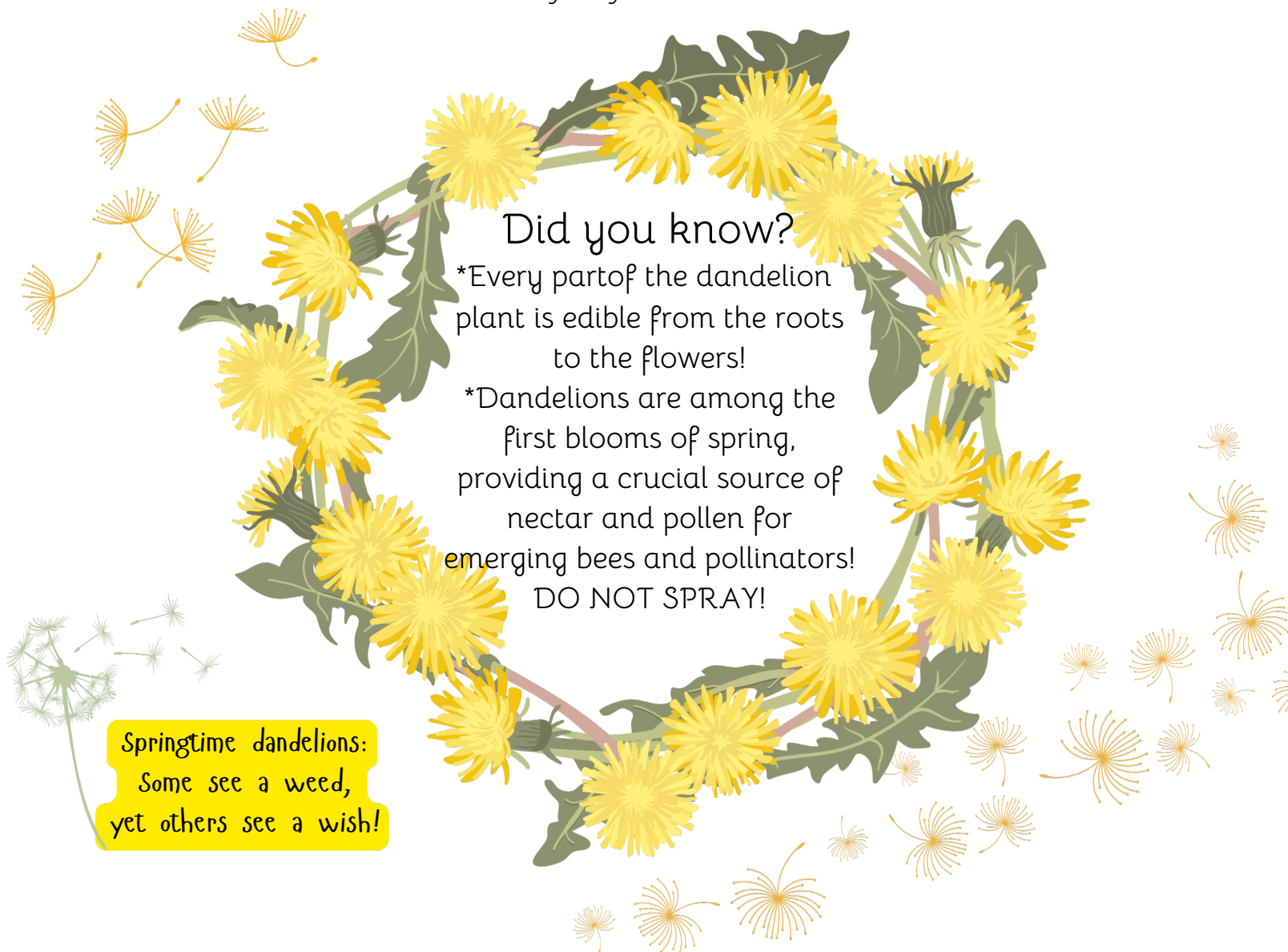
Did you know?

*Every part of the dandelion plant is edible from the roots to the flowers!

*Dandelions are among the first blooms of spring, providing a crucial source of nectar and pollen for emerging bees and pollinators!

DO NOT SPRAY!

Springtime dandelions:
Some see a weed,
yet others see a wish!





~ In Memoriam ~

During 2025, our parish lost members and clergy who we remember for their beautiful lives leaving behind a legacy of kindness, service and community spirit. We pay tribute to them and acknowledge their lasting impact.

The Rev. Canon H.B.W. (Bernie) Schroeder, aged 78, passed away on August 31, 2025, in Chestertown, Maryland. At the time of his death, he was serving St. Luke's Parish in Church Hill, Maryland. He assumed this position after retiring from Christ Episcopal Church in Cambridge, Maryland having been their priest for five years prior. It is quite interesting that he and his wife, Carol, had lived in Chestertown for many years and none of our parishioners' paths had ever crossed his path! When he first met with the St. Luke's Vestry to inquire about becoming our priest, he proclaimed that we would become his "7-11" parish since he lived only seven miles from the church with a travel time of eleven minutes to reach Church Hill! This humorous and skilled character trait of quick wittedness started many "Bernie-isms" as he was so well-known for throughout his life.



Father Bernie was involved with many endeavors during his lifetime. He was in the Army where he learned to aim Pershing Missiles; he was a Congressional Manager for The Honorable Robert Carr of Michigan, later becoming his Administrative Assistant in Washington, D. C. After his political ventures, he founded and became President of an energy transmission company. Before he decided to enter the priesthood, he found himself at the wheel of a semi-tractor trailer truck, crossing the Canadian border for a company, thereby fulfilling a boyhood dream! What a resume! What a great man who had vision and the will to make it all happen!

Father Bernie was committed to the priesthood and knew scripture so completely. He constantly referred to the scripture from John 14:27. "Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

We miss Father Bernie and his time with us. To his dear wife Carol, his son Paul, and the rest of the family, we extend our sincerest and deepest sympathy.

Submitted by Ann O. Campbell





~ In Memorium ~



On December 4, 2025, Sudlersville lost a true native daughter. Margaret Gillespie Beard Albertson (Peggy), passed away from a brief illness. Peggy was a long-time Queen Annes County educator teaching Home Economics at Centreville Middle School and retiring during the 1990s.

Growing up in the small, yet very historic Maryland town of Sudlersville during the 1940's was exciting. The village is well known as the "Birthplace of Jimmie Foxx", a Hall of Fame Baseball player during the age of Babe Ruth and Bill (Swish) Nicholson. Many prominent families

established themselves there and left quite a legacy. Peggy's parents, Victor Power Gillespie and Juliet Stevens Gillespie carried on the local family concrete business, Gillespie and Son, and helped to make it the household name that it is today. The original family founder had an idea to make concrete blocks and actually bought the first "block mold" from The Sears and Roebuck Company! This fact came from one of our past church congregants.

The Gillespie family supported St. Andrew's Church on many levels for decades. Peggy's parents were responsible for creating the first "St. Andrew's Day," a time-honored tradition which is still celebrated today on the third Sunday of November. Peggy's late brother, Edward Stevens Gillespie, remained committed to supporting the church and made many appearances on St. Andrew's Day and Christmas. Peggy would also look forward to these celebrations if she was able to attend.

For many years she made her home in Chestertown, Maryland. She was an adventurer and traveled with her three daughters and grandchildren. She enjoyed the adrenaline rush of parasailing, white water rafting and hot air ballooning. She loved her family and many friends, and she loved St. Andrews, as well as the little town of Sudlersville.

St. Luke's Parish sends their deepest sympathy to her wonderful family and holds dear the spirit of congregational love she exemplified throughout her very full life. She will be missed.

Submitted by Ann O. Campbell





A Wealth of Health

Almost everyone loves some type of cherry...sweet, tart, fresh, dried, in smoothies, in freshly baked pies, and of course in ice cream or in a delicious syrup drizzle over a slice of cheesecake. Oh my, my mouth is watering at the thought! Cherries have numerous benefits for our health and are a healthy snack. Anyone with a case of dreaded gout knows that tart cherry juice does help to lessen the inflammation and pain of the disease. Cherries possess the ability to decrease inflammation in the body, a major cause of many diseases such as: cancer, diabetes, heart disease and perhaps even Alzheimer's. Did you know that they can help with muscle soreness and promote a more restful sleep? Cherries are one of the only foods with natural melatonin, a sleep inducing substance. Tart cherries, (sour cherries), have strong antioxidants as well as anti-inflammatory capabilities and have been proven to inhibit the growth of some cancerous tumors in a few experiments. With all of these valuable characteristics, not to mention the delicious taste, cherries should probably be showing up in our shopping carts more often, don't you agree?



What do you call cherries playing the guitar?

(A jam session!)

Why did the cherry go to the chocolate factory?

(It was cordially invited!)

Did you hear the joke about the cherry?

(It was pit-i-ful!)

"Parsley, Sage, Rosemary and Thyme..."

This phrase above made famous from the title of the classic song written in 1966 by Simon and Garfunkel, are words that bring to mind a tune that you want to start singing or humming. The four herbs are often used in tandem when cooking and the results provide a distinct, delicious result. One of the four components, rosemary, contains compounds that boost overall brain health and can improve brain function and boost mood and memory. Carnosic acid, contained in rosemary, can help protect people from having strokes. Enjoy rosemary in soups, stews, pork and beef dishes. These versatile herbs boast health benefits and boost flavors. Parsley, sage, rosemary and thyme are a true love of mine!



Here's What's Cooking!



Springtime means Asparagus Time! This pointy vegetable is already starting to make its appearance at the local farm markets! It's rich in vitamins C, A, and K and antioxidants! These edible spears can be roasted, steamed, grilled, or stir-fried! How do you like to eat it?

Roasted Asparagus with Parmesan

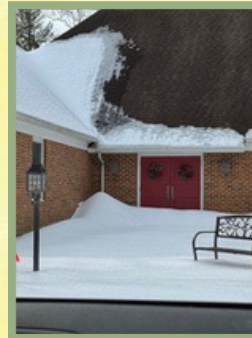
Ingredients:

| | |
|-------------------------|------------------------|
| *1 lb. Asparagus | *3 Tbl Olive Oil |
| * Salt, pepper to taste | * ¼ C. Parmesan Cheese |
| *Lemon juice(opt.) | * Garlic (opt.) |

- 1.Preheat oven to 425 degrees.
- 2.Place asparagus on baking sheet, drizzle with oil and sprinkle with salt and pepper. You can also try some fresh minced garlic or garlic powder!
- 3.Top with Parmesan Cheese.
- 4.Bake for 12-15 minutes just until tender.
- 5.Sprinkle with lemon juice and serve.

*A mother is like
a flower- each one
beautiful and
unique!*

Happy Mother's Day to
all the mom-figures!



Winter
vs.
spring

What a
difference!





THAT'S INTERESTING...

Words Can Be Habit Forming! Vocabulary words can have many meanings in our society today. Some uses are very foreign to the meanings associated with particular words in days gone by. For instance, the word "chill" meant that a cold wave of air would rush over you, while today, many younger people use the word to mean time to relax and be calm! Words have a way of sticking to you even though the word you use may not quite cover the "whole picture!" I found this article interesting. Brand names sometimes stick with us as we use a specific brand name to cover all words in a certain category. For example. The trademark "Kleenex" covers almost all facial tissues and is ingrained in our working vocabulary. How often do you hear, please hand me a Kleenex rather than tissue? There are other examples:

"Chapstick" for all lip balms; "Jacuzzi" for all hot tubs; "Xerox" for all photocopiers; "Band-Aid" for all adhesive bandages and "Velcro" for all hook and loop fasteners.

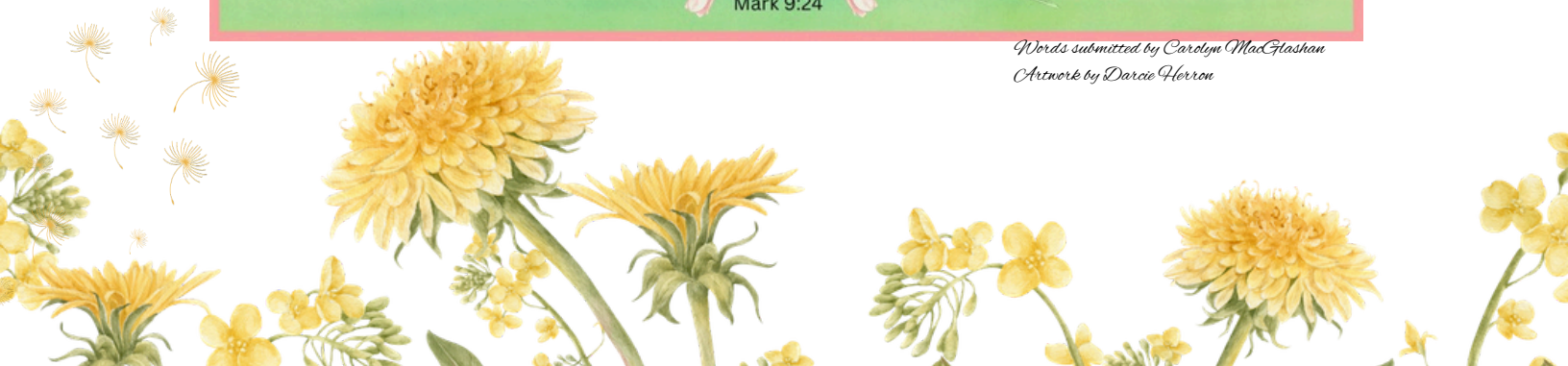
Can you add to the list? Oh, I need to run and get another Kleenex!

Submitted by Ann Campbell

If the grass looks greener on the other side of the fence, you can bet the water bill is higher!



*Words submitted by Carolyn MacGlashan
Artwork by Darcie Herron*





Upcoming Parish Events

May 16th- Warden's and Treasurer's Conference 9:30-12 Trinity Cathedral Easton. All church leaders are welcome to attend: Clergy, Wardens, Treasurers, Vestry members, Parish Administrators etc. Come connect with your fellow leaders from around the diocese.

June 20th- Shorebirds Baseball Game with the Diocese of Easton!
Contact Lynn Anstatt for more information, 410-822-1919 or
lynn@dioceseofeaston.org

June 21st- Church Picnic at Godfrey's Farm- Bluegrass in the Blueberry Patch. Come and Worship and stay and listen to some Bluegrass!

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